

**Find out more about the HealthScreen
Corporate and Executive Health services**

Executive teams, CEOs and HR officers can find out more about HealthScreen Corporate and Executive Health services by visiting HealthScreenAustralia.com.au or calling **1300 03 1300**.

The HealthScreen Corporate and Executive Health preventative service, is an Australian-first program providing corporates with a unique opportunity to invest in the long-term health of their top performing employees and executives.



HEALTHSCREEN

**AN AUSTRALIAN-FIRST IN CORPORATE AND EXECUTIVE
HEALTH SCREENING AND PREVENTATIVE HEALTH**

HealthScreen

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HealthScreenAustralia.com.au

HEALTHSCREEN HAS REVOLUTIONISED THE OFFER OF CORPORATE AND EXECUTIVE HEALTH

The future of preventative medicine



Through HealthScreen's medical centre in Melbourne, employers can now access specialist executive and corporate health services from the country's first state of the art diagnostic imaging and screening facility combined with a world-class level of individualised care.

Whilst injury prevention, preventive health and wellness programs are on the rise in Australian workplaces, investment in executive and corporate health can now be undertaken at a much more sophisticated level with the latest advances in healthcare technology.

This reflects both an employer commitment to top performing individuals but also a recognition of the impact on businesses of being able to maintain optimum employee health.

Research published by Safe Work Australia shows that when managers and professionals get ill they incur the highest individual costs for work related illness and injuries of \$155,200 and \$143,400 respectively.^{1,2}

¹ Work Safe Australia 2014: Workplace health and safety, business productivity and sustainability
² <https://www.safeworkaustralia.gov.au/statistics-and-research/cost-injury-and-illness-occupation>



LEADING HEALTH TECHNOLOGY

HealthScreen's state of the art Siemens Healthineers MAGNETOM Altea MRI scanner provides fast and precise targeted diagnostic images of the individual's body. Powered by Artificial Intelligence (AI), it transforms MRI imaging with fast and highly accurate diagnostic scans. The scanner can anticipate motion and adapt to a patient's body type. This provides a high-quality personalised examination so the medical team can be extremely confident in the diagnostic report.

In addition, the MRI scanner's video technology is designed to make the experience much more comfortable for the individual, who can relax and enjoy an immersive video and audio experience during the procedure.

MRI has also been used recently for body composition analysis and is accepted as the gold standard for body composition profiling. HealthScreen's advanced technology allows for radiation-free body composition assessment. It is the most detailed, accurate and precise body composition analysis available for general health.

At HealthScreen we also employ sophisticated non-invasive technology for cardiovascular screening to provide an accurate assessment of an individual's cardiac health risk.

An exclusive collaboration with a pathology provider gives HealthScreen clientele access to hundreds of genomic tests, currently unavailable to most Australians. Genetic testing offers healthy adults without a strong personal or family history of disease an opportunity to learn how their genes could potentially impact their health. It is rapidly becoming an important and essential part of any comprehensive health assessment and can be conducted through the collection of a simple saliva specimen which is sent to a laboratory for comprehensive genetic analysis.

Other modern screening technologies are also used to screen for bowel health.

WHAT MAKES HEALTHSCREEN UNIQUE?

HealthScreen's Executive Health assessment is significantly more advanced, comprehensive and informative than any standard corporate health service which typically offers physical examination, fitness evaluation, routine blood and basic screening tests.

Our comprehensive assessment can detect many early stage cancers, heart disease, aneurysms, cerebrovascular disease (stroke risk) and other conditions, as well as identify genetic predisposition to disease.

Advanced imaging technology can now deliver a comprehensive and detailed health assessment to enable potential earlier diagnosis of an extensive range of conditions.

HealthScreen is one of the few medical facilities in the world to offer early diagnosis with such comprehensive magnetic resonance imaging (MRI) as well as other health screening tools. MRI is not only more accurate than computed tomography (CT) for diagnostic imaging of areas such as the brain, prostate and pancreas but it is also radiation-free.

The latest targeted MRI imaging combined with a comprehensive multi-modality approach is one of the most accurate methods of early diagnosis and screening.

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Federal Health Minister, Greg Hunt MP, opening HealthScreen centre.

THE FOCUS OF SCREENING ON OFFER FROM HEALTHSCREEN

In deciding on which diseases and conditions to screen for, HealthScreen identified those that are most likely to reduce life expectancy in Australians over the age of 40.

Cardiovascular disease is a major cause of death in Australia and is largely preventable.

Along with cardiovascular disease, diabetes and stroke risk assessment, HealthScreen provides advanced screening and early detection for 20 of the most common cancers affecting Australians. An individual's lifetime risk of developing cancer is one in two.⁴ However the stage at diagnosis and

subsequent treatment outcomes are important determinants of cancer survival.⁵

The 30-minute MRI scan provided at HealthScreen is aimed at earlier detection of prostate, breast, lung, kidney, pancreatic, thyroid, uterine, liver, ovarian, brain and non-Hodgkin's lymphoma cancers.

Individuals receive an initial physical examination with our physicians where a detailed medical history is taken, and all the testing and screening procedures are undertaken during the course of just one day.



HIGHLY SKILLED AND EFFICIENT SERVICE, DELIVERING INDIVIDUALISED HEALTH PLANS

HealthScreen combines early detection and diagnosis with advanced multi-modality imaging technology and an integrated, tailored preventative medicine program.

Our medical team is highly skilled and includes senior staff experienced in specialised fields of medicine. HealthScreen's Medical Director, Dr David Badov, has nearly 30 years' experience in internal medicine and gastroenterology.

At HealthScreen all examinations and investigations are performed on-site and in just one day in the most effective and time-efficient manner. HealthScreen is a state-of-the-art facility designed specifically to cater to the needs and comfort of your executive team.

Our Corporate and Executive Concierge Service will attend to all the individual's personal needs and ensure the experience is seamless and stress free.

After undergoing the screening tests, individuals will have an extended consultation with a physician

who will explain the test results in-depth, organise any required follow ups with specialists and provide a comprehensive report of present and long-term health, including risks and genetic predispositions for diseases and conditions.

A proposed personal wellness plan to support a healthier and longer life is also provided.

At HealthScreen our aim is not only to provide the most comprehensive health assessment but to also provide a roadmap for better health and longevity. Nutrition, exercise and lifestyle are all important components of this plan.

Our exclusive partnership with leading fitness and personal training expert Sam Wood means that individuals who have been through the screening service have access to his advice and guidance, either from the comfort of their home with a customised online training program or in person with a team of expert exercise physiologists.

⁴ Cancer in Australia 2019. Cancer series no.119. Cat. no. CAN 123. Canberra: AIHW. p38 <https://www.aihw.gov.au/getmedia/8c9fcf52-0055-41a0-96d9-f81b0feb98cf/aihw-can-123.pdf.aspx?inline=true>
⁵ Australian Institute of Health and Welfare 2019. Cancer in Australia 2019. Cancer series no.119.Cat. no. CAN 123. Canberra: AIHW. p20